



# PULMONARY ASSOCIATES OF LANCASTER

*Pulmonary, Critical Care & Sleep Medicine*

## BRONCHOSCOPY INSTRUCTIONS

You have been scheduled for a bronchoscopy. A bronchoscopy is a visual exam of the breathing passages of the lungs. This test is done to get samples of mucous or tissue from your airways. The procedure involves placing a small flexible tube (called a bronchoscope) through your mouth and down into the airways of your lungs. You will be under anesthesia and asleep during the procedure.

### **Your Appointment is as Follows:**

**Location:** Lancaster General Health\Penn Medicine Endoscopy Suite  
555 North Duke Street, Lancaster, PA

**Your Approximate Appointment Day/Time:** \_\_\_\_\_

*Please note that this time is approximate and may vary slightly on the day of the procedure.  
You will be contacted by Endoscopy prior to your appointment date with the actual time.*

**Parking for Your Procedure:** Parking is available in Lot B, located on Lime Street at Lancaster General Health. Lot B will be on the left just after you pass James Street while traveling North on Lime Street. Take the Elevator to the first floor and check in with the Endoscopy Suite.

### **Other Important Instructions:**

**You may need to have bloodwork and an EKG prior to your procedure. You will need to fast prior to this procedure. Do not eat or drink anything 8 hours prior to your procedure. Since you will receive anesthesia, you will need a ride as you will be unable to drive yourself home.**

### **BEFORE THE TEST:**

If you take Xarelto, Eliquis, or Pradaxa, you will need to stop these medications 3 days prior to the procedure. If you are on Coumadin, it will need to be stopped 4 to 5 days prior to the procedure and you will need an INR prior to your procedure. Your physician/nurse will review your medications and advise what changes to your morning medications are necessary. Take any medications the morning of the procedure with a small amount of water.

### **Your medication changes:**

You will be asked to sign a diagnostic consent form for Lancaster General Hospital as well as Pulmonary Associates giving us permission to do the procedure.

**Lancaster General Health Downtown Pavilion**

540 North Duke Street, Suite 244, Lancaster, PA 17602-2374

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### **DURING THE PROCEDURE:**

You will be given anesthesia during the procedure to make you comfortable. The procedure time can vary from 30 minutes to 2 hours depending on what procedures need to be done. (Inspection, Bronchial washings and suctioning, brushings, biopsies). You will return to the recovery area after the procedure is complete.

### **AFTER THE PROCEDURE:**

You may be given oxygen after the procedure while you are waking up. You may have some residual coughing, blood streaked mucus and a sore throat. These generally subside by the next day.

If you have any questions related to this procedure, please call our Triage nurse at **(717) 826-9771**.

### **RESULTS FROM YOUR BRONCHOSCOPY:**

It often takes 4 to 5 days to get the finalized results. We have scheduled a follow up appointment for your doctor to discuss the findings with you and make further treatment decisions. You can reach our schedulers at (717) 826-9776 to reschedule or change your appointment.

### **AN APPOINTMENT TO DISCUSS THESE RESULTS HAS BEEN ARRANGED FOR:**

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

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